



***The Ekonet company offers  
a variety of tea and coffee  
products***

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# TEA

## CHAMOMILLE TEA

*Chamomile* is renowned for its sleep-inducing properties, which have led to its nickname: sleepy-time tea. It's a natural sedative and muscle relaxant, which means it's the perfect cup to drink in bed to get ready for a refreshing night's sleep.



## CHERRY STALK TEA

*Cherry Stems* are known for their diuretic quality which promotes proper kidney function. Cherry Stems, from the family of rose shrubs, also have depurative, laxative properties which are useful for fighting fatigue, cellulitis, constipation, diuresis, lithiasis, weight gain, and stiffness.



# TEA

## ALTHEA OFFICINALIS

*The Althaea officinalis* is a flowering plant that has played an important role in herbal medicine for centuries. Many people use for various ailments such as digestive problems and skin irritation.



## CASSIA TEA

*Cassia tea* is good for digestion and can cure many common health issues like bloating, indigestion, flatulence, constipation and stomach upset.





# TEA

## GOLDEN HERBAL TEA

From Egypt, the *Golden Herbal tea* is spicy, relaxing and sweet and has healthy ingredients from sustainable and ethical sources that go into this potent brew. With the combination of various herbs and spices, naturally caffeine-free, the benefits and good taste of herbal teas are still appreciated worldwide.



## LEAVE OF DAPHNE

*Daphne leaf* is a plant affectionately used by many people because of its nice smell and aroma. It has several benefits such as solving the problem of sweating, good for eye health, and rich in iron, magnesium and calcium. It contains vitamin A and gives a smooth and beautiful skin.



# TEA

## ROSE TEA

*Rose tea* is an aromatic drink made from rose petals and rose buds. This drink has numerous benefits. It improves digestion, reduces inflammation, reduces the risk of heart disease, diabetes, obesity and cognitive diseases.



## LINDEN TEA

From America, Asia and Europe, *Linden tea* is used by folk medicines from all cultures to lower high blood pressure, calm anxiety and soothe digestion.



# TEA

## TARRAGON TEA

*Tarragon tea* is an important plant used in French cuisine. (French tarragon) This tea is mild and can be relaxing and de-stressing after a difficult day. It can help you sleep. It can also relieve gas, indigestion and may help cure hiccups.



## HIBISCUS TEA

*Hibiscus tea* is a herbal tea that is made by soaking parts of the hibiscus factory in boiling water. It has a tangy taste similar to cranberries and can be enjoyed hot or cold.



# TEA

## VERBANA TEA

*Verbana tea* is a popular natural remedy in Europe and other nations across the globe. This tea boasts a mild, smooth flavor with hints of lemon and mint.



## QUINCE LEAF TEA

People take *Quince Leaf* in powder, extract or tea form for digestive disorders, including stomach and intestinal pain (gastrointestinal inflammation), and diarrhea. Quince is also used for coughs.





# TEA

## NETTLE LEAF TEA

*Nettle leaf tea* has always been used to treat pain and aching muscles, particularly those related to arthritis. The Arthritis Foundation suggests that nettle tea may also reduce the inflammation and pain associated with osteoarthritis.



## SYCAMORE LEAF TEA

*Sycamore leaf tea* has features that support bone development and also has the characteristic of eliminating inflammation problems that occur in the body. From America it is one of the plants with the most skin-healing properties.





# TEA

## EUCALYPTUS TEA

*Eucalyptus leaves tea* offer many impressive benefits. They can help reduce pain, promote relaxation and ease cold symptoms. Many non-prescription products also use eucalyptus extract to cool your breath, soothe irritated skin and repel insects.



## SWEET BASIL

Drinking *Sweet Basil tea* daily can help relieve the pain of rheumatoid arthritis and osteoarthritis. The oils in basil are antibacterial and can cure lung infections. Basil is also believed to help stop or reverse damage caused to the lungs due to tuberculosis and smoking.



# TEA

## YARROW TEA

*Yarrow tea* can improve wound healing, can relieve digestive problems, can help reduce symptoms of depression and anxiety, can help brain health, can fight inflammation.



## SAGE TEA

*Sage tea* is made from the sage leaves of the Mediterranean sage plant, based in the Adriatic region. Sage Tea provides a natural and aromatic flavor, with typical herbal tones and slight bitterness. Sage Tea is a healthy option for herbal tea drinkers as it is highly concentrated in vitamin A, C, B, K and E.



# TEA

## CHOLESTEROL TEA

Natural plants grown in Turkey are prepared by drying in the sun. It has antioxidant effect. *Cholesterol Tea* Herbal Mix balances blood pressure and lowers cholesterol. It relaxes the digestive system, diuretics.



## CINNAMON APPLE TEA

*Apple cinnamon tea* has health benefits that may include its potential effect on diabetes through regulating blood sugar and balancing cholesterol levels. It can also help manage weight loss, digestion, and so on.





# TEA

## SEED POMEGRANATE

*Seed pomegranate tea* can reduce your blood pressure, in turn stimulate heart health. It is also said that its regular intake lowers inflammation, cholesterol and increases the oxygen level in the blood.



## GRANULE POMEGRANATE

*Granule pomegranates tea* are rich in antioxidants, and pomegranate tea has helped to prevent chronic diseases, improve heart health, promote weight loss, reduce inflammation.



# TEA

## RED ROSE BUD TEA

*Red rose bud tea* has several benefits such as anti-anxiety and anti-depression, improves digestion, helps blood circulation, and nourishes the skin. Naturally caffeine-free, calorie-free, fat-free, gluten-free.



## SENNA TEA

*Senna Tea* is primarily used to alleviate constipation and stimulate bowel movement. The active constituents of senna leaves are called 'sennosides' or 'senna glycosides'. They cannot be metabolized by our digestive system and can only be broken down by our gut bacteria.



# TEA

## CEYLON TEA

*Sri Lanka tea* or *Ceylon tea*, in addition to being rich in antioxidants, Ceylan tea is also related to health benefits such as improving heart health and controlling blood sugar, as well as weight loss.



## GREEN TEA

*Green tea* is often compared to cranberries because of its tart but sweet flavor. If infused properly, most green tea should be completely light in color and only slightly astringent.





# COFFEE

## INSTANT GOLD COFFEE

*The Instant Gold Coffee* is a sophisticated and aromatic coffee with a rich, rounded flavor that creates delicious moments in an instant. It is a tasty golden roast that brings out the best of our high quality Arabica beans.



## FILTER GOLD COFFEE

*Filter Gold Coffee* compared with unfiltered coffee, filtered coffee had a lower risk of dying from cardiovascular disease, ischemic heart disease or stroke.

